

# Questions for Life

For Sunday, October 4, 2015 (11:00)

Lovebusters

Time Bomb (Level Three Bully)

1. Review...  
What one word does the control freak need to remember?

2. What two words best describes the critic?

3. What one word does the critic need to remember?

4. Ps. 4:4a *Be angry...*  
What are some legitimate reasons to be angry? Can you share with your group a time when you were legitimately angry?

5. Ps. 4:4b *...and do not sin*  
Can you tell of a time when your anger went beyond legitimate to sinful?

6. What have you done personally that has helped you to not let anger become sinful?

7. Can you tell of a time when someone else's anger toward you made Love Bank withdrawals? What's your attitude toward that person today?

8. Read Proverbs 29:22  
*An angry man stirs up strife, and a furious man abounds in transgression.*

Have you seen this verse actually "play out" in your marriage, at work, or among family? What did it look like? Did it end well?

9. Ps. 4:4  
*Meditate within your heart on your bed, and be still. Selah.*

Russ suggested that the solution to anger is to relax. He fleshed it out this way...

*Keep calm*

*Walk away*

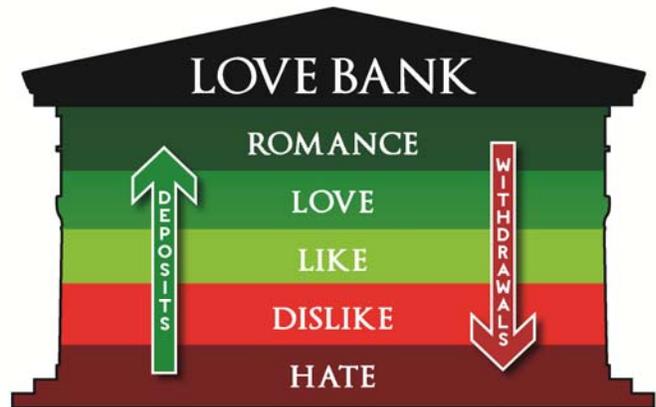
*Let adrenaline subside*

*Think rationally*

Do you agree or disagree that this solution is realistic? What could be added that would be helpful?

10. Is your Love Bank still in the red toward a person who showed anger to you?

11. What would need to happen to change that? Please explain.



Jesus said, "Do this in remembrance of Me."

Sunday, 5:30 p.m. & Tuesday, 6:30 p.m.  
(childcare provided)

Please join us for the Lord's Supper  
as we remember Christ and begin this new series!

# THE LETTERS OF JOHN

*Walking in the Light of God's Love*

This week: 1 John 2:7-11  
Knowing the God of Light